


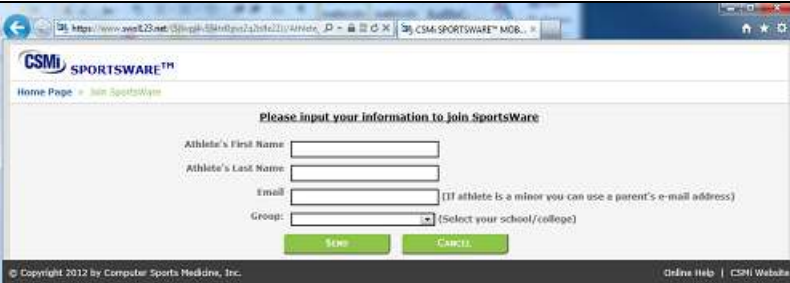
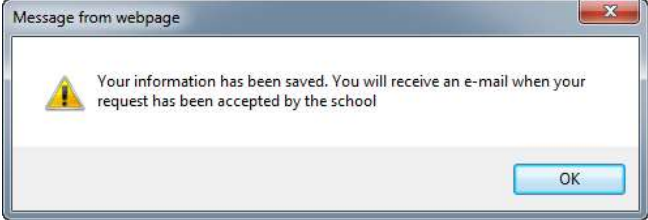
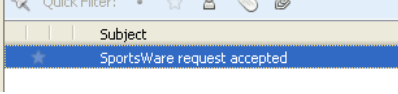


April 28, 2016



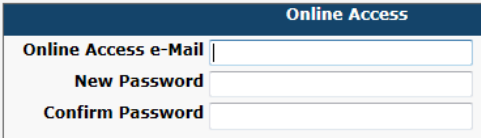
Dear Presentation student-athlete families,

Prior to participating in tryouts for a Presentation athletic team, student-athletes must provide the Athletic Department with current address, emergency contact, insurance, medical alert and health history information. To expedite this process Presentation uses SportsWare (a secured online data entry system).



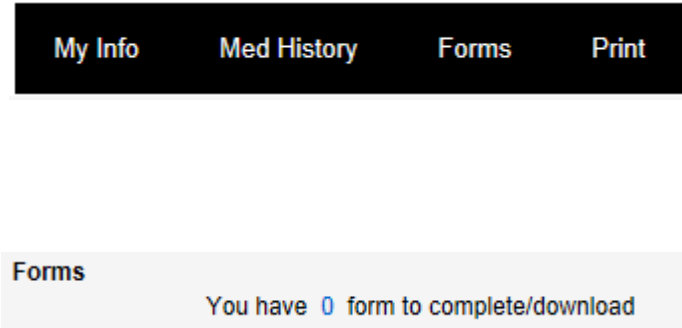
To enter your information, visit www.swol123.net. The first time you visit the website you will need to enter your Presentation assigned school email address and our SportsWare school ID number: **228195125** in order to register.

Instruction	Example
Go to www.swol123.net .	
Scroll to the middle of the screen and click the Join SportsWare button.	
Enter your School ID <i>Listed above in bold. This is required to join the correct school.</i>	 <p data-bbox="94 835 318 953"><i>Listed above in bold. This is required to join the correct school.</i></p>
Enter your First Name, Last Name, Email address and click the Send button.	
Your request to join SportsWare will then be sent to the Athletic Trainer for review.	
Once your request is accepted you will receive an e-mail with the Subject "SportsWare request accepted" . Open the e-mail and click the www.swol123.net link to continue to SportsWareOnLine.	

Setting Your Password

Instruction	Example
Go to www.swol123.net	
Enter your Email Address and click the Reset Password button.	
<p>You will receive an e-mail with the Subject "<i>SportsWareOnline Password Request</i>".</p> <p>Open the e-mail and click on the link to reset your password. Enter your e-mail address, new password and click the Save button.</p>	

Updating Your Information

Instruction	Example
Go to www.swol123.net	
Enter your Email Address and click the Login button.	
<p>At the top of the page is the Menu Bar.</p> <p>My Info: Update your address, emergency contact and insurance information.</p> <p>Med History: Complete a Medical History questionnaire.</p> <p>Forms: View/complete required paperwork. Note: SportsWare will also display "<i>You have ? forms to complete/download</i>".</p>	

If you have any questions, please contact the athletic trainer, Heather Terbeek, at hterbeek@presentationhs.org or (408) 264-1664 x2962 (office).

Sincerely,

Heather Terbeek, MA, ATC, CES, ITAT
 Head Athletic Trainer
 Presentation High School

