

Academic Year
2024-2025


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IT'S A GREAT DAY TO BE A P

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## Table of Contents

## I. Mission \& Vision <br> Mission Statement <br> Graduation Outcomes <br> Diversity, Equity \& Inclusion

II. Scheduling Philosophy \& Process

Scheduling Philosophy
Scheduling in Powerschool
Schedule Change Process
Important Dates: 2024
III. Guiding the Whole Student

Guidance from College Counseling
Guidance from Student Activities
Guidance from Athletics
Guidance from Student Wellness
IV. Recommended Cap for Honors/ AP Courses
V. Graduation Requirements
VI. Curriculum Guide
VII. Appendix

## Mission Statement

## Presentation High School is an inclusive community that empowers young women to become fearless and faithful leaders determined to serve the world.

Presentation High School is a secondary school for young women whose purpose and direction flow from the teaching mission of the Catholic Church and the educational ministry of the Sisters of the Presentation. This school strives to infuse the entire educational experience with the vision of life found in the Gospels. Each student is challenged to become a woman of faith, dedicated to working with others, intellectually competent and committed to her personal growth.

## Graduation Outcomes

At Presentation High School each student is challenged to be:



A Woman
of Faith


Dedicated to Working with Others


Committed to Personal Growth

## Diversity, Equity and Inclusion

As an all-girls Catholic high school founded on the principles and values of foundress, Nano Nagle and the Sisters of the Presentation of the Blessed Virgin Mary:

- We believe that all persons have inherent dignity and are made in the image and likeness of God.
- We are committed to an inclusive community which promotes respect, loving dialogue, equity, empathy, humility, courage, understanding, and societal awareness, both locally and globally.
- We believe that diversity is a blessing that refers to the myriad of personal experiences, values, perspectives, talents, and worldviews that arise from differences in culture and circumstance.
- We are committed to creating a diverse learning environment where each student may reflect on their own identity, experiences, talents, and abilities to lead and serve others in a way that is rooted in radical faith, compassion, justice and love.
All members of the Presentation community are responsible for advancing an understanding of and a respect for diversity as it includes, but is not limited to: ability, age, belief, ethnicity, family structure, gender, gender identity, learning style, race, religion, sexual orientation, and socioeconomic status.



## Scheduling in PowerSchool

- Students must submit schedule requests electronically through the Powerschool Scheduling Portal: https://presentationhs.powerschool.com/public/
- Students should read all directions provided in Powerschool very carefully.
- Students should select alternates according to the instructions in Powerschool. Additional guides are available in Schoology (Class Level Page > Resources > Course Selection 2024/2025).
- Students may only register for classes for which they meet the prerequisite.
- If a student selects a fall or spring free period, priority will be given to assigning the free period that semester. If a student would rather prioritize elective choice, the student should select the flexible free period option.


## S Schedule Change Process

At Presentation we prioritize the interests and needs of students during the scheduling process. In January we ask students which classes they wish to take and we then build our master schedule to support those requests. In March we allow students to request rigor changes in response to current grades.

In May, students receive their schedules. Students always get the classes they need and we make every effort to give a student their first choice electives. However, in order to offer a diverse set of electives, balance class size, and resolve scheduling conflicts, sometimes students are placed in an available course.

Because of the thoughtful and careful guidance we provide during the scheduling process, we ask students to commit to their schedules. Schedule changes should be the exception, not the rule. Our schedule change process is designed to accommodate the flexibility that some students need, while maintaining the integrity of the scheduling process and classroom environment for all students.

## Schedule Change Policies

- All schedule change requests should be initiated by the student.
- We cannot accommodate schedule change requests based on preference for teacher or period of the day.


## Schedule Change Process

- Schedule changes often require students to make choices between scheduling options. Because of this, all schedule change requests must be made in person by the student during the allotted time frame.
- Student will receive additional instructions when they receive their schedules in May.



## Important Dates: 2024

## January 16-19: Advisory Week

Students will attend multiple information sessions to help guide them in making their course selections. Students will also have the opportunity to consult with teachers before submitting their course requests in PowerSchool. During this time students should give careful consideration to their selections. Schedule change requests should be the exception, not the rule.

## February

Counselors will be meeting 1:1 with each of their assigned students to review their course selections. During the meeting, they will also review the student's graduation status and progress towards college admissions requirements. They will also be checking for completion of prerequisites (if applicable) and overall rigor. Students will receive a print out of their finalized course selections for the upcoming school year.

## February 26-March 1

Rigor Changes: Students may ask to adjust the rigor of a course request in anticipation of third quarter grades (e.g. A student requests a change from Honors Chemistry to Chemistry after experiencing a decline in their current science grade).

## Early June

The Scheduling Coordinator will notify all returning students that schedules are available and will provide students instructions for how to request a schedule change, if necessary.

## July 29-31

Schedule change requests for rising 11th \& 12th Grade Students.

## August 1-2

Schedule change requests for rising 10th, incoming 9th, and transfer students.

## Wednesday, January 24

Students must complete the following steps to complete the course selection process for the 2024-2025 school year:

1. Submit course requests in PowerSchool.
2. Submit the Scheduling Guide Signature Page (signed by a parent/guardian) in Schoology. (See appendix.)
3. Submit the Time Management Worksheet in Schoology. (See appendix.)


In order to maintain PAC or class-level scheduling priority students must complete all requirements on time and in the proper format.


## Guiding the Whole Student

As educators, we cannot ignore our responsibility to support the whole student. And the courses a student takes is just one piece of their educational experience at Presentation High School.


Each dimension of the Student Wellness Wheel is interconnected and interdependent. Wellness is a process, and we counsel students throughout their individual journey of self-awareness. We remind our students to strive for balance in all areas of their life and to make choices that will help lead to their optimal wellness.

When deciding which courses to take, students are again reminded of the many roles and responsibilities that they carry when they complete the Time Management Worksheet (see the Appendix). Students should:

- Create a schedule that is balanced and allocates enough time everyday for the important things in their life. This includes classes, clubs, sports, extracurriculars, jobs, special events, time with family and friends, and most importantly time for yourself.
- Keep in mind that your schedule should not come at the expense of your self-care. Having enough time each day to maintain the basic foundation of self-care (food, water, exercise, sleep) must be a priority for your mental health.
- Explore all of their options and consult with teachers, department chairs and counselors. Choose courses and extracurriculars that are based on your own interests and aspirations. The courses that one student chooses are not necessarily the best option for you.
- Do not base your course selections on what you think colleges may like.

We firmly believe that developing these healthy habits now will allow you to thrive and sustain them throughout college and beyond.


## Guidance from

## College Counseling

- If your schedule allows it, take a study period during fall semester senior year so you will have time to work on college applications.
- Most four-year colleges take into account courses and grades from 9-12th grade in their holistic application review.
- CSU and UC campuses take into account courses and grades from 10-11th grade in their GPA calculation.
- Colleges evaluate both weighted and unweighted GPA calculations.
- Students are strongly advised to remediate if they earn a D/F grade in any of the UC/CSU approved courses listed in the Appendix.

Course selection should be about challenging yourself, finding balance and pursuing your academic interests.


Guidance from

## Student Activities

"It's not the number of co-curricular activities you're involved in, but rather the quality of your involvement that's important. Choose to be active in co-curricular activities that interest and excite you, but don't overcommit. You want to have enough time in your schedule to make your co-curricular involvement meaningful."

> Suzanne Colvin, Leadership Director


- See the Appendix for more information on the time commitment associated with various student activities.



## Guidance from Athletics

- On average, student athletes commit 10-15 hours per week to their team and training. See the Appendix, or contact the Athletic Director for more specific questions regarding the time commitment of your sport.
- If your schedule allows it, take a study period during your athletic season.


To help ensure success, student athletes should:

- Create a schedule for homework, extracurriculars, rest and free time.
- Practice time management skills to balance your schedule.
- Follow nutrition guidelines to keep yourself healthy.
- Reach out to your community to help keep your goals.

"Committing yourself to an athletic team is a great way to learn and grow. It's expected that you make all team practices and contests, and from that experience you will develop as a stu-dent-athlete, leader, and make lifelong friend-
ships."

Mike West, Athletic Director



## Recommended Cap for Honors/AP Courses

Nationwide, colleges and universities have also adapted their admissions policies. Our college counselors diligently study admission trends and network with admission officers year-round to ensure that our curricular decisions are current.

Honors/AP courses are optional - they are not required by any college or university. While success in an Honors/AP course may add to a student's college application, taking too many can often be detrimental.

Many colleges restrict how many Honors/AP courses they give a GPA "bump" to when scoring a student's application.

- The UC's only grant GPA "bumps" for four semesters in 10th grade and four semesters in 11th grade. GPA "bumps" are not granted for any 12th grade coursework. So, regardless of how many Honors/AP courses a student completes in high school, the UC's will grant the student a maximum of eight GPA "bumps when reviewing their application. You can find more information on how the UC's calculate GPA and complete their holistic review process on their website.
- The CSU's have a similar policy. The only difference is that they will grant GPA "bumps" for 12th grade coursework. But, the maximum is still eight semesters. You can find more information about their admission process on the CSU website.
- Each college recalculates a student's GPA based on their rules and requirements. At Presentation, we grant GPA "bumps" for all Honors/AP classes. So, your PRES GPA will likely be significantly higher than what will be once recalculated by your selected colleges.

Colleges have also become selective as to whether or not they will grant early college credit for passing AP exam scores. By restricting the number of college credits they award for passing AP exam scores, colleges are able to ensure that students are prepared according to their own educational standards (as well as ensuring their enrollment and tuition targets).

| Grade Level | Recommended Cap |
| :--- | :---: |
| Freshmen | 2 |
| Sophomores | 3 |

We will also be sharing this recommended cap to colleges through our school profile. Each year, the college counselors compile data on the previous year's graduating class as well as significant information about the context of our school.



Presentation High School

## Graduation Requirements

Each year, students will build a unique and balanced schedule in partnership with their counselor. Students are encouraged to take challenging courses that are appropriate for their level and align with their academic interests. The college counselors encourage students to take challenging courses (Honors and AP courses) that are appropriate for their level and align with their academic interests.

| Subject | Presentation HS <br> Grad Requirements <br> (2025) | Presentation HS <br> Grad Requirements <br> (CO 2026 or later) | UC/CSU A-G Min <br> Requirements | 4-year College/ <br> University <br> Suggested <br> Requirements |
| :--- | :--- | :--- | :--- | :--- |
| English | 4 years | 4 years | (B) 4 years | 4 years |
| Mathematics | 3 years | 3 years | (C) 3 years | $3-4$ years |
| Science | 3 years | 3 years | (D) 2 years | $3-4$ years |
| Social Science | 3 years | (A) 2 years | $3-4$ years |  |
| Modern Language | 2 years of the same <br> language | 2 years of the same <br> language | (E) 2 years of same <br> language | $2-3$ years <br> recommended; 3-4 <br> years per <br> student interest |
| Visual \& Performing <br> Arts | 1.5 years; year in <br> a single discipline <br> (I/II) | 1.5 years; year in a <br> single discipline (I/ <br> II) | (F) 1 year <br> (2 semesters) <br> in a single <br> discipline | $1-2$ years per <br> student interest |
| Religious Studies | 7 semesters | 7 semesters | No requirement | No requirement |
| College Preparatory <br> Electives | Students exceed <br> the (G) requirement <br> by taking religious <br> studies and other <br> requirements | Students exceed <br> the (G) requirement <br> by taking religious <br> studies and other <br> requirements | (G) 1 year (2 <br> semesters), in <br> addition to those <br> required in "A-F" <br> above | Take additional <br> electives per <br> student interest |
| Physical Education | 1 year | 1 year | No requirement | No requirement |



Prerequisites are set by academic departments to help students, families, and counselors select courses that are most appropriate for the student's academic development and growth. Prerequisites demonstrate that a student, based on past academic success, is prepared to enroll in and pass (with a C- grade or higher) a course that builds on prior knowledge or skills, while dedicating the average expected amount of time and effort to the course.

English | 8 semesters required

- PHS requires enrollment in English every semester.



## 目 <br> Mathematics | 6 semesters required

All current students receive an individualized course recommendation from their math teacher prior to course selection. As part of the recommendation process, math teachers also reflect on the attributes necessary to succeed as they advance to more complex content. Thus, course recommendations are not based solely on grades but are used to help students/parents have open conversations between themselves, with their math teachers, and with their counselors as they decide what course is best for them.

| Current Math Class | Next Math Class Options |
| :---: | :---: |
| - PreAlgebra/Algebra 1A | - Algebra IB/Geometry |
| - Algebra I | - Geometry <br> D- in each semester of Algebra I <br> - Honors Geometry $B+$ in each semester of Algebra (Students currently enrolled in the Daily Algebra course are not eligible for Honors Geometry) <br> - Geometry (Summer Advancement) <br> B+ in each semester of Algebra I |
| - Geometry | - Algebra II <br> $D$ - in each semester of Geometry (Geometry summer advancement student with B or better in each summer session) <br> - Honors Algebra II $B+$ unweighted math GPA and B+ in each semester of Geometry. (Geometry summer advancement student with A- or higher may advance to Honors Algebra II) |
| - Honors Geometry | - Honors Algebra II <br> B+ unweighted math GPA and B in each semester of Honors Geometry <br> - Algebra II <br> D- in each semester of Honors Geometry |
| - Algebra II | - Precalculus <br> B- in each semester of Algebra II <br> - AP Precalculus <br> A in each semester of Algebra II with teacher recommendation <br> - Statistics I <br> D- in each semester of Algebra II; semester-long class <br> - Statistics II <br> D- in Statistics I; semester-long class <br> The Statistics I/II path is for seniors only; juniors need counselor and math department chair approval <br> - AP Statistics <br> B+ in each semester of Algebra II |

## Mathematics | 6 semesters required

## Current Math Class

## Next Math Class Options

- Honors Algebra II
- Precalculus

C in each semester of Honors Algebra II

- AP Precalculus

B- in each semester of Honors Algebra II

- AP Statistics

C+ in each semester of Honors Algebra II

- Precalculus
- AP Precalculus
- Calculus I
$B$ - in each semester of Precalculus
- AP Calculus AB

A in each semester of Precalculus with teacher recommendation

- AP Statistics
- AP Calculus AB
$B$ - in each semester of Honors Precalculus
- Calculus I

C in each semester of Honors Precalculus

- AP Statistics
- Calculus
- AP Calculus AB
$A$ - in each semester of Calculus
- AP Calculus BC

A- in each semester of Calculus with teacher recommendation

- AP Statistics
- Statistics I
- Statistics II

The Statistics I/II path is for seniors only; juniors need counselor and math department chair approval

- AP Calculus AB
- AP Calculus BC
$B$ - in each semester of AP Calculus AB
- AP Statistics
- Honors Multivariable Calculus
$B$ - in each semester of $A P$ Calculus BC
- AP Statistics


## Additional Math Option (Non-sequenced course)

## AP Computer Science A

Grades 10-12. B in each semester of Algebra II or C in each semester of Honors Algebra II. Can be used to fulfill the third year of UC/CSU A-G "C" Mathematics requirement.

## Financial Math

Grades 11-12. C- or better in Geometry. Not recommended as the only Junior year math course or as a replacement to Algebra II unless recommended by your teacher.

Science | 6 semesters required

- One year of life science (e.g. Biology) and one year of physical science (e.g. Chemistry, Physics, Earth Science) is required.
- The Science Department recommends that students begin with Biology freshmen year. However, some students choose to postpone Biology until sophomore year depending on the balance of their course schedule.


## Year 2* (Sophomore or Junior)

Biology I
Honors Biology I
(Freshmen only)

## Chemistry

D- in each semester of Biology I or Honors Biology; completion of
Geometry is recommended, but not required.

## Honors Chemistry

B+ unweighted Science GPA AND Math GPA; completion of Geometry is recommended, but not required.

## Years 3-4** (Junior and Senior)

## Earth Science

D- in each semester of Biology or Honors Biology

## AP Environmental Science

B+ unweighted Science GPA AND concurrent enrollment in, or completion of Chemistry or Honors Chemistry.

## Engineering and Design

D- in each semester of Biology or Honors Biology

## Physics

C- unweighted Science GPA

## Honors Physics

B+unweighted Science GPA AND Math GPA; Completion or concurrent enrollment in Algebra II recommended.

## AP Physics I

Concurrent enrollment in, or completion of Honors Precalculus AND B+ unweighted science GPA AND B+ unweighted math GPA

## AP Biology

B+ unweighted Science GPA and C- in each semester of Chemistry or Honors Chemistry; reading intensive course

## AP Chemistry

Prerequisite: $B+$ in each semester of Honors Chemistry or $A$ - in each semester of Chemistry; Passing grade in Algebra II. Recommended for students who have completed Honors Chemistry. Students who have taken Chemistry should discuss this option with their science teacher before enrolling.

## Anatomy and Physiology A

Concurrent enrollment in third year of science or taken as a fourth year of science

## Anatomy and Physiology B

Concurrent enrollment in third year of science or taken as a fourth year of science; $D$ - in Anatomy and Physiology $A$

## Biotechnology and Bioethics

Completion of Biology I

## After-School Enrichment

Math \& Science Independent Research
Credit/no credit course; Enrollment is during the initial scheduling process. Seats are filled on a first come, first served basis.

- *Above represents the typical order in which classes are taken. Some students may choose to delay Chemistry until more math has been completed. Such students might prefer Earth Science or Engineering and Design for their second year of science.


## 品 Modern Language

We encourage any student who speaks the language at home, or has studied one in school, to take the proficiency test in order to ensure proper placement. Students should only enroll in level 1 if they have little or no prior experience with the language.

## American Sign Language

## American Sign Language I

## American Sign Language II

Passing grade in each semester of ASL I or qualifying score on ASL proficiency exam
French Spanish

## French I

## French II

$D$ - in each semester of French $I$
or
Honors French II
B+ in each semester of French I

## French III

D- in each semester of French II or Honors French II
or
Honors French III
B+ in each semester of French II or B- in each semester of Honors
French II

## Spanish I

## Spanish II

D- in each semester of Spanish I
or

## Honors Spanish II

B+ in each semester of Spanish I

## Spanish III

D- in each semester of Spanish II or Honors Spanish II
or

## Honors Spanish III

B+ in each semester of Spanish II or B- in each semester of Honors Spanish II

## French IV

D- in each semester of French III or Honors French III

## or

## AP French Language and Culture

$B+$ in each semester of French III or $B$ - in each semester of Honors French III

## French V

D- in each semester of French IV or AP French Language and Culture or

## Honors French V

$B+$ in each semester of French IV or B- in each semester of AP French Language and Culture
or

## French IV/V: Professional French

B+ in each semester of French III or 3 Honors or B- in each semester of French IV or AP French;semester or year-long

Spanish IV: Conversation \& Popular Culture
D- in each semester of Spanish III or Honors Spanish III
and/or
AP Spanish Language and Culture
$B+$ in each semester of Spanish III or Spanish IV, or B- in each semester of Honors Spanish III; grades 11-12 only
*11-12th grade students may take AP Spanish Language and Culture instead of Spanish IV, or they may take Spanish IV, followed by AP Spanish Language and Culture. 10th grade students at this level must take Spanish IV.

AP Spanish Literature and Culture
$B$ - in each semester of AP Spanish Language and Culture

## 罗 Religious Studies 7 semesters required

In order to help students understand and embody the Presentation charism and the vision of life found in the Gospels, students are required to enroll in seven semesters of Religious Studies during their time at Presentation. Courses will provide students the opportunity to grow in faith while deepening their understanding of justice and care for the dignity of the human person. Freshman year begins by studying the story of God's love and faithfulness in the Hebrew Scriptures, then encountering the Good News of Jesus Christ in the Christian Scriptures. Sophomores will learn more about Catholic faith and worship. Juniors will pursue growth in morality and discover how to work toward creating a more just world through Social Justice, and Seniors will be able to select from engaging spirituality electives. All courses aim to help students strengthen their relationship with God.

| Current Grade Level | Current Religion Class | $\rangle$ Next Religion Class |
| :---: | :---: | :---: |
| Current Freshmen | Hebrew Scriptures and Christian Scriptures | The Church: Mission and Sacrament (one semester of religion taken in conjunction with PE Health during sophomore year). |
| Current Sophomores | The Church: Mission and Sacrament | Upper division courses are semester-long. Juniors and seniors must enroll in a religion class each semester. <br> Graduation Requirements <br> (Beginning with the class of 2023, students must take Moral <br> Theology in junior year.) <br> - Moral Theology and <br> - Social Justice (Prerequisite: Moral Theology) |
| Current Juniors | Upper Division Course(s) | Electives: <br> - Christian Lifestyles: Confirmation Preparation <br> Note: Offered on a rotational basis. Next offering will be during the 2025-2026 school year. <br> - Into Narnia: Spirituality in the 20th Century <br> - Spirituality of the Saints <br> - Women in the Church <br> - World Religions |



7 semesters required (class of 2026 and beyond)
6 semesters required (class of 2025)

| Current Grade Level | Current Social Science Class | Next Social Science Class |
| :---: | :---: | :---: |
| Current Freshmen | World History A \& B or Honors World History A \& B Qualifying scores on Social Science proficiency exam. See course catalog for more details. | United States History A \& B or <br> AP United States History A \& B $A$ - or better in each semester of World History or B+ in each semester of Honors World History |
| Current Sophomores | United States History A \& B or AP United States History A \& B | Except where noted, upper division courses are semester-long and may be taken in any order. Graduation Requirements <br> - Civics or <br> - AP Government B+ in each semester of U.S. History or B- in each semester of AP U.S. History and |
| Current Juniors | Upper Division Course(s) | - Economics or <br> - AP Macroeconomics $B$ unweighted social science GPA or C+ in AP U.S. History, AP Gov. or AP Psychology and <br> - Ethnic Studies (required for class of 2026 and beyond, but open to all upperclassmen) <br> Electives <br> - Psychology <br> - Sociology of the Media <br> - AP Psychology Year-long course; B unweighted Social Science GPA or C+ in AP U.S. History, AP Gov. or AP Macro |

## Physical Education | ${ }^{\text {PE Health \& one semester of elective }}$ PE required

## PE Classes

All Grade Levels
One semester of PE from the following options is required:

- Introduction to Yoga
- Panther Bootcamp
- Aquatic Fitness
- Successful completion of two seasons of a Presentation athletic team can be used fulfill the additional semester of PE requirement.

Current Sophomores
All sophomores are required to take one semester of PE Health: Wellness and Prevention.

## 目 College-Preparatory Electives

## Computer Science

## Introduction to Computer Science

Grades 9-12

## Leadership

ASB/Student Council Leadership
Election by the student body (ASB) or class level (Class Level officers grades 10-12). Or by application for class level commissioner (9-12)

## Yearbook

## Graphic Publications I

Graphic Publications II thru VIII
Completion of Graphic Publications I

## Visual \& Performing Arts | 3semesters required

## Digital Arts

- Graduation Requirement: Students must complete at least one Level I \& II sequence in the same art discipline (does not have to be taken in the same year)
- All Visual \& Performing Arts courses are semester-long unless otherwise indicated.

Digital Arts I
Digital Arts II
Completion of Digital Arts I
Digital Arts III
Completion of Digital Arts II

Photography I
Photography II
Completion of Photography I
Photography III
Completion of Photography II

2D Arts I: Drawing, Painting \& Mixed Media
2D Arts II: Intermediate Drawing, Painting \& Mixed Media
Completion of Drawing \& Painting I or 2D Arts I

2D Arts III: Advanced Drawing, Painting \& Mixed Media Completion of Drawing \& Painting II or 2D Arts II

3D Arts I: Ceramics \& Sculpture

3D Arts II: Intermediate Ceramics \& Sculpture
Completion of Ceramics I, Design I or 3D Arts I
3D Arts III: Advanced Ceramics \& Sculpture
Completion of Ceramics II, Design II or 3D Arts II

AP Studio Art
Year-long; grades 9-12
Completion of Advanced Art I and II or Level III Visual Arts Course

Dance I
Dance II
Completion of Dance I or teacher approval
Dance III/IV
Dance I or II or teacher approval

Performance Dance I-VII
Varsity/JV, Year-long class, meets after school By audition only (May)

Theater I

Theater II
Completion of Theater I or teacher approval

Voice and Music Theory I/II
Advanced Choir I/II (Bella Voce)
By audition only (May)

## Before School Enrichment

## Ukulele I/II

A semester-long, co-curricular program that meets once a week during 0 period.


## Scheduling Guide Signature Page

We have thoroughly read the Scheduling Guide as well as the course descriptions on the PHS website and understand the graduation requirements, curricular information, scheduling guidance and policies described.

Print Student's Name
Student's Signature and Date

Print Parent/Guardian's Name
Parent/Guardian's Signature and Date

We have discussed the time management worksheet and materials and acknowledge that the courses selected for the next school year are appropriate given other personal and family time commitments.

Student's Signature and Date

[^0]
## Time Management Worksheet

Name: $\qquad$ Class of: $\qquad$

Use the estimates in the Time Management Worksheet Data Appendix to complete the worksheet.

Use the time management worksheet in the Appendix to help you determine how to balance your academic and extracurricular commitments. Adjust your plans so that your commitments do not exceed the number of hours in a week. Remember that you should be reserving nine hours of sleep per day. Your actual times will vary from these estimates and mid-year you should revisit this worksheet so your personal, future estimates are more accurate.

| A. School Work Next Academic Year |  | Average Hours/Week <br> Spent on daily homework, projects and studying |
| :---: | :---: | :---: |
| In school for 5 days x 7 hours/day |  | 35 |
| English |  |  |
| Math |  |  |
| Science |  |  |
| Social Science |  |  |
| Modern Language |  |  |
| Visual and Performing Arts |  |  |
| Physical Education |  |  |
| Religious Studies |  |  |
| Elective: |  |  |
| Elective: |  |  |
| Total School Work Hours |  |  |
| Extracurricular Activities <br> School and Community |  | Average Hours/Week |
|  $\vdots$ Fall $\vdots$ Winter <br> Sports $\vdots$ $\vdots$ | Spring |  |
|  Fall Winter <br> Non-School Sports $\vdots$ $\vdots$ <br> Club Teams $\vdots$ $\vdots$ | Spring |  |
| Performing Arts |  |  |
| Club/School-related Activity |  |  |
| Club/School-related Activity |  |  |
| Club/School-related Activity |  |  |
| Community Service |  |  |
| Hobbies/Interests |  |  |
| Extracurricula | s contin | ext page |

## Time Management Worksheet (continued)



## Time Management: Data on Academics, Activities and Athletics

## Academic Coursework (Homework for each course)

- Non-honors courses: Average 30-45 minutes of homework per class period
- Honors and AP courses: Average 45-60 minutes of homework per class period; please note that some AP, honors and math classes will require more than an hour of homework per class period. In particular, Honors Precalculus, Calculus, AP Calculus $\mathrm{AB}, \mathrm{AP}$ Calculus BC and AP Chemistry are courses that have higher than average homework expectations. For more specific information about Honors and AP classes please check with the chair of that department.
- Students often need more time to study for exams. Leave extra time for studying in addition to daily homework.

Activity \& Athletics


## Time Management: Data on Academics, Activities and Athletics (continued)

| Program | Avg. Hours/Week | Additional Notes | Program Director |
| :---: | :---: | :---: | :---: |
| Robotics | 5-25 | Hours vary based upon level of commitment, year-round involvement, and work during build/ competitive season. Build/competitive season is January-April. | Jeff Mullins jmullins@presentationhs.org |
| Service \& Immersion | 1-3 | Hours vary based upon level of commitments and leadership positions in Community Involvement. Extended hours beyond this are tied to participation in service and plunges/immersion trips which are elective and not required for membership in CI. | Grace Bernal gbernal@presentationhs.org |
| Speech \& Debate | 2-15 | Hours vary based upon membership: <br> Club: 2-5 hours/week <br> Team: 4-15 hours/week <br> Tournaments exist year-round but the qualifying season for State/Nationals tournaments is in late Winter/ Spring. Local, regional, national travel opportunities based upon membership. | Jyleesa Hampton jhampton@presentationhs.org |
| Student Clubs | <1 | Monthly meeting and club activities as outlined. | Suzanne Colvin scolvin@presentationhs.org |
| Student Council Class Level Officer/Homeroom Rep | 2 | Student Council members are required to attend two Leadership Academy workshops each year. | Suzanne Colvin scolvin@presentationhs.org |
| Theater <br> Main stage productions | 10-15 | Hours are tied to rehearsal and performance schedules and vary based upon part: <br> Fall Musical: August-November Winter Musical: November-January Spring Musical: February-March | Catherine Brady cbrady@presentationhs.org |



Blank Four-Year Worksheet

| Subject | Frosh Fall | Frosh <br> Spring | Soph <br> Fall | Soph <br> Spring | $\begin{aligned} & \text { Junior } \\ & \text { Fall } \end{aligned}$ | Junior <br> Spring | Senior Fall | Senior Spring |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| After School |  |  |  |  |  |  |  |  |

## Upper Division Planning

When planning the junior year students must also consider the senior schedule to ensure adequate room in the schedule to meet graduation requirements by the end of senior year.

## Graduation requirements to keep in mind when scheduling senior year (class of 2024):

- 4 years of English
- 3 years of Social Science (including Civics or AP Gov AND Econ or AP Macro)
- 3 years of Math
- 3 years of Science
- 2 years of Modern Language
- Religion every semester junior and senior year (including requirements Social Justice and Moral Theology).
- 1.5 years of Art (including a I \& II sequence)
- 1 semester of PE/Health (10th grade) plus 1 additional semester of Physical Education or equivalent sports participation


## Notes:

Presentation
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## Schedule Change Permission Form

## Date

Year of Graduation
$I$, $\qquad$ , am requesting the following schedule change:

Write request in this box. Include the change you are requesting and the reason for the request.

The following are true (initial next to each statement):
$\qquad$ I am a senior and I am not dropping a class that I need for graduation. (Seniors only)
__ I know the graduation requirements and I understand how this schedule change
affects my progress towards the completion of those requirements.

Student Name (Please print)

Parent/Guardian Name (Please print)

Counselor Signature

Student Signature

Parent/Guardian Signature

Teacher's Signature (if dropping a class after school resumes)

## UC/CSU Approved Courses

Presentation High School graduation requirements exceed the UC/CSU requirements. While a D letter grade is considered passing for the purpose of graduation at Presentation, a student must receive at least a C- in a course for it to count towards UC and CSU eligibility. For this reason, students are strongly encouraged to remediate if they earn a D/F grade in any of the following courses.

## A. History/Social Science

- AP U.S. Government \& Politics*
- AP U.S. History*
- Civics
- Honors World History A/B
- U.S. History A/B
- World History, Cultures \& Geography A/B


## B. English

- AP English Literature*
- Honors English 10 A/B
- British Literature
- Individual \& Society
- Death in Literature
- Modern Playwrights
- English 11 A/B
- English 10 A/B
- English 9 A/B
- Honors English 3*
- Honors English 4*
- Honors English 9 A/B


## C. Mathematics

- Algebra Readiness
- Algebra I
- Geometry
- Algebra II
- AP Calculus AB*

Honors Algebra II

- Honors Geometry
- AP Calculus BC*
- AP Computer Science A $^{*}$
- AP Statistics*
- AP Precalculus*
- Honors Multivariable Calculus
- Honors Precalculus*/ Calculus A*
- Precalculus
- Calculus I
- Statistics I
- Statistics II


## D. Science

- Anatomy and Physiology A/B
- AP Biology*
- AP Chemistry*
- AP Environmental Science*
- AP Physics I*
- Biology I
- Chemistry
- Earth Science
- Engineering and Design
- Honors Biology I
- Honors Chemistry*
- Honors Physics*
- Physics


## *UC/CSU weighted GPA credit

(The maximum number of honors/AP courses that receive an extra GPA point is eight semesters.)

## E. Language Other than English

- AP French Language \& Culture*
- AP Spanish Language \& Culture*
- AP Spanish Literature \& Culture*
- ASLI
- ASL II
- French I-IV
- Honors French II
- Honors French III*
- Honors Spanish II
- Honors Spanish III*
- Spanish I-IV


## F. Visual \& Performing Arts

- 2D Art I/II/III
- Graphic Design I/II
- 3D Art I/II/III
- Graphic Publications I/II
- Advanced Art
- Music Appreciation I/II
- Advanced Choir I/II (Bella Voce)
- Performance Dance I/II
- Photography I/II/III
- AP Studio Art*
- Theater Production I/II
- AP Music Theory*
- Vocal and Music Theory I/II
- Ceramics I/II
- Dance I/II/III/IV
- Design I/II
- Digital Arts I/II/III
- Drawing \& Painting I/II


## G. College-Preparatory Electives

| - AP Macroeconomics* | - Moral Theology |
| :--- | :--- |
| - AP Psychology* | - Psychology |
| - ASB/Student Council | - Rhetoric |
| Leadership | - Social Justice |
| - Biotechnology \& | - Sociology of Media |
| Bioethics | - Spirituality of the Saints |
| - Christian Lifestyles |  |
| - Christian Scriptures | Sacrament |
| - Economics | Women in the Church |
| - Global Women's Issues | - World Religions |
| - Hebrew Scriptures |  |
| - Instructional Support: |  |
|  |  |
| Writing |  |
| - Into Narnia: Spirituality |  |
| in the 20th Century |  |
| - Introduction to |  |
| Computer Science |  |
| - Modern History |  |

- AP Macroeconomics*
- AP Psychology*
- ASB/Student Council Leadership
- Biotechnology \& Bioethics
- Christian Lifestyles

Christian Scriptures

- Economics
- Global Women's Issues
- Hebrew Scriptures
- Instructional Support: Analytical Reading \& Writing
- Into Narnia: Spirituality in the 20th Century
- Introduction to Computer Science
- Modern History



## Contact Information



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Tam Tran Religious Studies ttran@presentationhs.org

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[^0]:    Print Parent/Guardian's Name

