



Athletic Training Room Services

Facility Use:

The Athletic Training Room is a medical facility that provides health services for injuries and illnesses resulting from athletics. Loitering will not be tolerated.

All Presentation student-athletes are welcome to utilize athletic training services at the school during posted training room hours. The training room is also open to all Presentation coaching staff, as well as Presentation faculty and staff. For liability reasons, the athletic training staff cannot see or treat the non-athlete members of the student body. We will, however, make appropriate referrals.

Taping, Treatments and Services Available

The Presentation Athletic Trainer will only tape athletes who are recognized as having orthopedic issues. If an athlete needs to be taped, it will be because the certified athletic trainer has first assessed the athlete and determined the need. Taping services in the training room are rendered on a first-come, first-serve basis.

Other treatment services available in the Presentation Athletic Training Room include cold therapy (ice, whirlpool), thermotherapy (heat packs), electronic stimulation, ultrasound, intermittent compression, assisted stretching, wound care and some forms of assistance with rehabilitation.

All injuries that require an evaluation, treatment, and/or rehabilitation require a scheduled appointment. Athletes must arrange an appointment directly with the athletic trainer. The staff reserves the right to refuse treatment if a student-athlete is late or misses pre-practice treatment without proper notice. It is the athlete's responsibility to allow time for treatments, rehabilitation and taping prior to any practices/games. The staff will not be responsible for the student-athlete being tardy to a practice/game. The training room is never an acceptable excuse to be late. If a student-athlete needs to visit the training room during practice, they must first obtain the coaches' permission.

Athletic Training Room Security

No athlete is permitted to be in the training room without proper supervision. The athletic training room will be secured when qualified personnel are not available to supervise the activities conducted therein. Hydrotherapy and heat therapy equipment, resistive training equipment and

medical instruments all present hazards that require the presence of a qualified supervisor. In addition, inventories of first aid and athletic training supplies must be protected.

Medical Coverage for Athletic Events

The priority of the athletic trainer is to provide daily on-site medical coverage and care for athletic practices and games held on the Presentation campus. Due to limitations, the athletic trainer may or may not be available for off-campus sporting events.

Practice: Coaches must submit a practice calendar to the athletic trainer at the start of their season. Practice calendars must include daily start/end times, sport level (e.g. Frosh VB, Varsity Basketball, etc.) and location. If there are any changes to the schedule (rain-out, location/time change, cancelled game), coaches must notify the athletic trainer directly. Changes will be accommodated if notification is given 24 hours in advance. It is not the athletic trainer's responsibility to cover practice if notification of change is given in less than 24 hours.

Games: All athletic home games and events will have sideline medical coverage by the Certified Athletic Trainer. In the event of two or more sports being played concurrently, priority of medical coverage will go to the sport or team deemed to have the highest risk of injury. Away games will be covered by the hosting team's athletic training staff, if available.

Post-Season Play: On occasion, the Presentation Athletic Trainer will travel with a team during playoffs. If two or more sports are playing simultaneously, priority of medical coverage will go to the team deemed to have the highest risk for injury.

Practice(s) and Game(s) Equipment Set-Up

The athletic trainer will provide all practices and games held on the Presentation campus with the following equipment:

- **Water:** Drinking water will be provided for all games/practices. If you would like water at your practices, please send several students to the athletic training room to pick up the assigned coolers. It is the team's responsibility to pick up and return the coolers after every practice/game.
- **Two-Way Radios:** Coaching staff may obtain a two-way radio from the athletic training room prior to the start of a practice or game, to ensure communication with the athletic trainer.

During all hosted ("home") events at Presentation, the Athletic Training Staff will provide additional injury management and emergency equipment alongside the home team's bench.